

## **Gallagher Fitness sponsors event**

November 4, 2010

Adult runners are invited to celebrate their running successes and get information about Gallagher Fitness Resources' training program from 5:30 p.m. to 8 p.m. today at the Reed Opera House Trinity Ball Room in downtown Salem.

In addition, runners can learn about a running mentoring program for at-risk youth through the Hall Steps Foundation.

Free appetizers and raffle prizes will be offered at the event.

For more information, call Gallagher Fitness Resources at 503-364-4198.

—*Michael Rose*